

 <p style="text-align: center;">DIVISION OF ADULT INSTITUTIONS</p> <p style="text-align: center;">POLICY AND PROCEDURES</p>	DAI Policy #: 500.30.61	Page 1 of 3
	Original Effective Date: 02/10/14	New Effective Date: 02/16/18
	Supersedes: 500.30.61	Dated: 10/27/14
	Administrator's Approval:	
Required Posting or Restricted:		
<input checked="" type="checkbox"/> Inmate <input checked="" type="checkbox"/> All Staff <input type="checkbox"/> Restricted		
Chapter: 500 Health Services		
Subject: Healthy Lifestyle Promotion		

POLICY

The Division of Adult Institution shall promote healthy lifestyles and ensure inmates are provided with access to health promotion, wellness and recovery information.

REFERENCES

Standards for Health Services in Prisons – National Commission on Correctional Health Care 2014, P-F-01 – Healthy Lifestyle Promotion

PROCEDURE**I. General Health Education**

- A. Patients shall be provided education and counseling on preventing illness and maintaining a healthy lifestyle.
- B. General Health Education methods may include:
 - 1. Programs to improve the health of patients.
 - 2. Audio-visual materials.
 - 3. Brochures and pamphlets.
 - 4. Video programming.
- C. Facility libraries shall have resources available for health education.

II. Individual Health Education

- A. Document in the Health Care Record that the patient received health education and understands the individual health education provided, along with instructions for self-care
- B. Patients with chronic diseases shall be provided with information designed to increase their ability to understand, monitor and manage their health status.
- C. Health care staff are responsible for evaluating and reinforcing health education for patients.

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Bureau of Health Services: _____ **Date Signed:** _____
James Greer, Director

_____ **Date Signed:** _____
Paul Bekx, MD, Medical Director

_____ **Date Signed:** _____
Mary Muse, Nursing Director

Administrator's Approval: _____ **Date Signed:** _____
James Schwochert, Administrator

DIVISION OF ADULT INSTITUTIONS FACILITY IMPLEMENTATION PROCEDURES

Facility: Name		
Original Effective Date:	DAI Policy Number: 500.30.61	Page 3 of 3
New Effective Date: 00/00/00	Supersedes Number:	Dated:
Chapter: 500 Health Services		
Subject: Healthy Lifestyle Promotion		
Will Implement <input type="checkbox"/> As written <input type="checkbox"/> With below procedures for facility implementation		
Warden's/Center Superintendent's Approval:		

REFERENCES

DEFINITIONS, ACRONYMS, AND FORMS

FACILITY PROCEDURE

- I.
 - A.
 - B.
 - 1.
 - 2.
 - a.
 - b.
 - c.
 - 3.
 - C.

II.

III.

RESPONSIBILITY

I. Staff

II. Inmate

III. Other