

 <p style="text-align: center;">DIVISION OF ADULT INSTITUTIONS</p> <p style="text-align: center;">POLICY AND PROCEDURES</p>	DAI Policy #: 500.30.61	Page 1 of 3
	Original Effective Date: 02/10/14	New Effective Date: 01/11/21
	Supersedes: 500.30.61	Dated: 02/16/18
	Administrator's Approval: Makda Fessahaye, Administrator	
Required Posting or Restricted:		
<input checked="" type="checkbox"/> Inmate <input checked="" type="checkbox"/> All Staff <input type="checkbox"/> Restricted		
Chapter: 500 Health Services		
Subject: Healthy Lifestyle Promotion		

POLICY

The Division of Adult Institution shall develop health care policies and practices emphasizing health promotion to ensure persons in our care are provided with access to health promotion, wellness and recovery.

REFERENCES

Standards for Health Services in Prisons – National Commission on Correctional Health Care 2018 P-B-01 – Healthy Lifestyle Promotion
Wis. Statute s 302.38 – Medical Care of Prisoners

PROCEDURE**I. General Health Education**

- A. Health staff document that patients receive individual health education and instruction in self-care for their health conditions.
- B. General health education (e.g., pamphlets, news articles, video, and classes) is accessible to all patients.
- C. Facilities provides a nutritionally adequate diet to the general population.
- D. A registered dietitian nutritionist (RDN), or other licensed qualified nutrition professional, as authorized by state scope of practice laws, documents a review of the regular diet for nutritional adequacy at least annually.
- E. Facilities have a procedure in place to notify the RDN whenever the regular diet menu is changes.
- F. Healthcare staff promote and provide education on exercise and physical activity options at their facility.
- G. Smoking is prohibited at all DOC facilities.
- H. Information on the health hazards of tobacco are available to patients.
- I. Facility libraries shall have resources available for health education.

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II. Individual Health Education

- A. Documentation of health education and self-care instruction provided, along with the patient's understanding of health education shall be documented in the healthcare record.
- B. Patients with chronic diseases shall be provided with information designed to increase their ability to understand, monitor and manage their health status.
- C. Health care staff are responsible for evaluating and reinforcing health education for patients to maintain a healthy lifestyle.

Bureau of Health Services: Michael Rivers Date Signed: 1/8/21
 Michael Rivers, Director of Healthcare Administration

_____ Date Signed: _____
 Vacant, Medical Director

Mary Muse Date Signed: 1/8/21
 Mary Muse, Nursing Director

Administrator's Approval: [Signature] Date Signed: 01/11/21
 Makda Fessahaye, Administrator

DIVISION OF ADULT INSTITUTIONS FACILITY IMPLEMENTATION PROCEDURES

Facility: Name		
Original Effective Date:	DAI Policy Number: 500.30.61	Page 3 of 3
New Effective Date: 00/00/00	Supersedes Number:	Dated:
Chapter: 500 Health Services		
Subject: Healthy Lifestyle Promotion		
Will Implement <input type="checkbox"/> As written <input type="checkbox"/> With below procedures for facility implementation		
Warden's/Center Superintendent's Approval:		

REFERENCES

DEFINITIONS, ACRONYMS AND FORMS

FACILITY PROCEDURE

I.

A.

B.

1.

2.

a.

b.

c.

3.

C.

II.

III.

RESPONSIBILITY

I. Staff

II. Inmate

III. Other